



The Bite

Our Team

- Ruth Benson
- Rob Conolly
- Marie Guest
- Paul Hodder
- Sally Little
- Susannah Rastall
- Budge Rogers
- Peter Such
- Shirine Vincent

0845 123 3757

Feeling the Pressure?

In an economic downturn the pressure is on to cut training budgets as profitability is squeezed. But it has never been more important for employers to continue to invest in skills.

A survey of HR professionals by IMC (UK) Learning Ltd, dated November 2008, reveals that:

- 88% believe properly planned staff training can play a major role in addressing the challenges created by an economic downturn.
- 83% acknowledge that staff training is just as important during a recession as when times are good.
- 80% agree that cutting training budgets at this time causes more problems than it solves.

Evidence shows that companies that continue to develop their people when business is slow are more likely to survive an economic downturn. Continuing personal development is key to morale and loyalty.

Adaptability is necessary when times are tough - the ability to train both large and small numbers of staff cost effectively is increasingly important :

- 78% of HR Leaders believe it is important that a training programme offers flexible training times for employees.
- 57% want to minimise the time staff spend out of the office on courses, thereby reducing impact on their day-to-day work.

Now is a prime opportunity to re-evaluate current training programmes and providers and explore the more cost efficient and flexible ways of providing development training to employees.

Please view our website : www.bitesizelearning.co.uk for more information on our short, high impact leadership development and personal effectiveness programmes.

Stop Press

Have you had to lose some of your valued employees but want to support them as they look to develop their career elsewhere? For only £935 (plus VAT and expenses) BiteSize Learning will run a half day outplacement workshop for up to 10 people, that provides practical guidance on the immediate issues they will be facing. It includes:

- Immediate practical steps
- Looking for jobs and speculative applications
- Writing a winning CV
- Interview techniques
- Managing the job search process

For more information please call Shirine on 0845 123 3757

Quote, unquote

When you come to the end of your rope, tie a knot and hang on.

Franklin D Roosevelt

As only New Yorkers know, if you can get through the twilight, you'll live through the night.

Dorothy Parker

.. The only thing he lacked was ability ..

Tommy Docherty



BITE SIZE LEARNING

"A speaker who does not strike oil in ten minutes should stop boring"
Louis Nizer

We would love to talk to you; please contact Paul, Rob or Shirine on the number below.

Contact us:

BiteSize Learning Limited
info@bitesizelearning.co.uk
www.bitesizelearning.co.uk

0845 123 3757



Batting for BiteSize

Peter Such

Following the successful launch of **Stress Management** and **Effective Networking** we are delighted to welcome Peter Such to the BiteSize team.

Peter is a former International cricketer. During his career he played professionally for three different counties and in test matches for England, both at home and abroad. After retiring from the game in 2001, he successfully set up and directed the Essex County Cricket Club Academy, which has so far produced an International cricketer and seven others who have gone on to play for Essex.

For the last three years, he has worked as a Leadership and Development Coach both home and abroad and is keen to add value to organisations with whom he works, through skill development within people and teams. Peter is passionate about the value of coaching and believes that a great many skills which go to making up elite sporting performances are also applicable in business.

BiteSize Programmes 2009

Assertiveness in Communication
Building and Leading Great Teams
Business Skills Toolbox
Coaching
Delegation
Effective Networking
Leadership Communication
Leadership Styles
Managing Change
Managing Difficult Situations
Motivation
Negotiating and Influencing
Performance Management
Presentation Skills 1 & 2
Professional Behaviour
Project Management
Recruitment Interviewing
Running Meetings
Stress Management
Success through Change
Time Management
Written Communication

We love designing bespoke programmes to address any unique needs your Company may have.

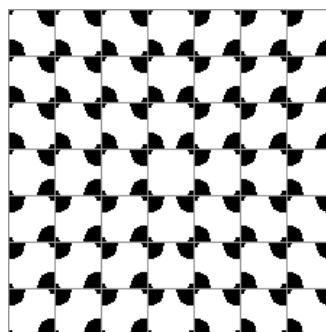
Presentation Skills 1 & 2

Michael Klepper famously wrote "I'd rather die than give a speech." For 2009 we are offering two linked modules, of 2 hours each, for people who would rather develop skills to deliver powerful and memorable presentations.

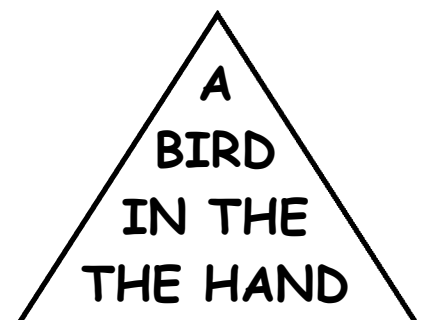


Participants will learn how to develop a client focused presentation and a range of techniques to enable them to present with punch, use props powerfully and handle challenging audience members to ensure their intended message hits home.

Now some fun stuff



Curved lines or straight?



Is there a mistake?